

## CLINICAL PSYCHOLOGIST BURCU ÖZCAN

### Psychology

#### AREAS OF INTEREST

- Depression
- Obsessive Compulsive Disorder (OCD)
- Social Phobia
- Specific Phobia
- Self-Confidence and Self-Esteem Problems
- Sleep Disorders
- Anger Management Problems
- Anxiety Disorders
- Personality Disorders
- Loss and Mourning
- Post-Traumatic Stress Disorder (PTSD)
- Somatization Disorder
- Panic Attack
- Conversion Disorder
- Tic Disorder
- Eating Disorders
- Psychotherapy in Chronic Diseases
- Generalized Anxiety Disorder
- Sexual Identity and Orientation
- Substance and Alcohol Addiction
- Stress Management
- Adult Attention Deficiency
- Fears
- Trichotillomania
- Dependent Relationships
- Setting Limits in Relationships
- Relationship Problems
- Feelings of Inadequacy, Worthlessness



#### Education

- Beykent University, Institute of Social Sciences, Clinical Psychology / Master's Degree
- Beykent University, Faculty of Arts and Sciences, Psychology / Bachelor's Degree

## Experience

- Liv Hospital Ulus
- Leap Employee Support Program
- Private Ibn Sina Hospital
- Wisdom Psychological Counseling Training Center
- İstanbul Aydın University
- Bakırköy Prof. Dr. Mazhar Osman Mental Health and Nervous Diseases Hospital

## Research

- Examination of the Relationship Between Parental Attitudes and Depression and Test Anxiety in Secondary School 8th Grade Students
- Research of Anxiety Level of Smoking and Non-Smoking University Students

## Publications

- ÖZCAN Burcu, "Exam Anxiety Leads to Failure", Milliyet Gazetesi, 2018

## Memberships

- Beykent University Psychology Club
- Turkish Psychological Association

