

Prof. Dr. Adnan SAYAR

Thoracic Surgery Specialist

Medical Fields of Interest

- Thoracoscopic and Robotic Minimally Invasive Surgery
- Lung Cancers
- Trachea Surgery
- Lung Transplantation
- Lung Biopsy
- Pneumothorax (collapsed lung)
- Diaphragmatic Surgery
- Surgery of Pleural Diseases
- Pediatric Thoracic Surgery

Education

- 1981-1987, Istanbul University, Istanbul Faculty of Medicine
- 1972-1980, Istanbul Galatasaray High School
- 1966-1971, Primary Education Ankara, Samsun, Izmir

Experience

- 2023-Present, Liv Hospital Vadi Istanbul & Liv Hospital Ulus
- 2015-2022, Memorial Sisli-Bahcelievler Hospital Thoracic Surgery Clinic
- 2013 September, Professor; Erzincan University Faculty of Medicine, Department of Thoracic Surgery
- 2013 March, Lecturer; Yedikule Chest Diseases and Thoracic Surgery Training and Research Hospital
- 2013 February, Education Officer; Yedikule Chest Diseases and Thoracic Surgery Training and Research Hospital
- 2012 October Japan Kyoto University Thoracic Surgery Clinic; Observer in Living Donor Lung Transplantation
- 2012 August Observer in Tracheal Transplant Surgery at Karolinska Institute, Sweden
- 2012- Present Lung Transplantation Scientific Committee Member Ministry of Health Ankara
- 2011- 2015 Yedikule Lung Transplant Clinic Specialist in Charge
- 2008-2010 University of Zurich, Switzerland Thoracic Surgery and Lung Transplantation Training
- 2008 Associate Professorship in Thoracic Surgery
- 2003 FETCS: European Board of Thoracic and Cardiovascular Surgery
- 2003 Turkish Thoracic Surgery Qualification
- 1995-2013 Yedikule Chest Diseases and Thoracic Surgery Tra. and Research Hospital; Chief Assistant
- 1991-1995 Yedikule Chest Diseases and Thoracic Surgery Tra. and Research Hospital; Residency
- 1987-1990 General Practitioner, Military Service



Research

- Songül Büyükkale, Necati Çıtak, Özgür İşgörücü, Adnan Sayar The Effect Of Sodium Hyaluronatecarboxymethyl Cellulose Membrane İn The Prevention Of Parenchymal Air Leaks: An Experimental And Manometric Study in Rats Tuberk Toraks 2017 Doi: 10.5578/Tt.9681
- Songül Büyükkale, Necati Çıtak, Özgür İşgörücü, Adnan Sayar A bioabsorbable membrane may prevent postoperative mediastinal adhesions following mediastinoscopy: an experimental study in rats Int J Clin Exp Med. 2015

Publications

- Atilla Pekçolaklar, Necati Çıtak, Yunus Aksoy, Volkan Erdoğan, Adnan Sayar, Muzaffer Metin Surgery for Life-Threatening Massive Hemoptysis; Does the Time of Performed Surgery and the Timing of Surgery Affect the Rates of Complication and Mortality? Indian Journal of Surgery doi: 10.1007/s12262-021-02867-2
- Yunus Aksoy, Necati Çıtak, Cigdem Obuz, Baris Acikmese, Atilla Pekcolaklar, Muzaffer Metin, Adnan Sayar Prognostic Factors and Survival in Resected T4 Non-small Cell Lung Cancer: Is There Any Difference in the T4 Subgroups? Zentralbl Chir 2021 DOI: 10.1055/a-1209-3668
- Yunus Aksoy, Necati Çıtak, Çigdem Obuz, Muzaffer Metin, Adnan Sayar Does Anatomical Location-Based Metastatic Lymph Node Density Affect Prognosis İn Lung Cancer Patients? Interactive Cardiovascular and Thoracic Surgery (2021) Doi:10.1093/icvts/ivab119
- Derya Özden Omaygenç, Necati Çıtak, Özgür İşgörücü, Ayşe Ulukol, Songül Büyükkale, Çigdem Obuz, Mustafa Vedat Doğru, Adnan Sayar Comparison of Thoracic Epidural and Intravenous Analgesia from the Perspective of Recovery of Respiratory Function in the Early Post-Thoracotomy Period in Lung Cancer Surgery Turk Thorac J. 2021 doi: 10.5152/TurkThoracJ.2021.19114
- Necati Çıtak, Laura Guglielmetti, Yunus Aksoy, Özgür İşgörücü, Muzaffer Metin, Adnan Sayar, Isabelle Opitz, Didier Schneider, Walter Weder, İlhan İnci Is There a Prognostic Difference Between Stage IIIA Subgroups in Lung Cancer? The Annals of Thoracic Surgery 2021 doi: 10.1016/j.athoracsur.2020.10.033
- Necati Çıtak, Yunus Aksoy, Özgür İşgörücü, Cigdem Obuz, Baris Acikmese, Songul Buyukkale, Muzaffer Metin, Adnan Sayar A Comparison of the Currently Used Nodal Stage Classification with the Number of Metastatic Lymph Nodes and the Number of Metastatic Lymph Node Stations for Non-Small Cell Lung Cancer; Which of These Is the Best Prognostic Factor? Zentralbl Chir 2020 DOI: 10.1055/a-1008-9598
- Necati Çıtak, Yunus Aksoy, Özgür İşgörücü, Cigdem Obuz, Barış Açıkmeşe, Songül Büyükkale, Neslihan Akalın Fener, Muzafer Metin, Adnan Sayar The prognostic impact of the mediastinal fat tissue invasion in patients with non small cell lung cancer General Thoracic and Cardiovascular Surgery doi: 10.1007/s11748-020-01440-0
- Volkan Erdogu, Necati Çıtak, Celal Bugra Sezen, Yunus Aksoy, Selin Onay, Yasemin Emetli, Cemal Aker, Ozkan Saydam, Adnan Sayar, Muzafer Metin Does the carinal involvement have the same surgical outcome as the main bronchus involvement in patients with non-small cell lung cancer General Thoracic and Cardiovascular Surgery 2020 Doi: 10.1007/s11748-020-01545-6
- Şenay Aydın, Nevin Pazarıcı, Onur Akan, Songül Büyükkale, Nur Dilek Bakan, Adnan Sayar A Case Report of A Drop Foot Developed After Common Femoral Artery Cannulation for Venous Arterial Extracorporeal Membrane Oxygenation Noro Psikiyatr Ars. 2019 doi: 10.5152/npa.2017.19340
- Songül Büyükkale, Necati Çıtak, Özgür İşgörücü, Cem Emrah Kalafat, Yunus Aksoy, Çağrı Cemaller, Çigdem Obuz, Barış Açıkmeşe, Ayşe Ulukol, Nur Dilek Bakan, Adalet Demir, Adnan Sayar Early period lung transplantation results of Yedikule Organ Transplantation Center: our three-year experience Türk Göğüs Kalp Damar Cerrahisi Dergisi 2017 Doi: 10.5606/tgkdc.dergisi.2017.12582
- Songül Büyükkale, Nur Dilek Bakan, Necati Çıtak, Özgür İşgörücü, Adnan Sayar Akciğer naklinde güncel durum değerlendirmesi. Turk Gogus Kalp Dama 2016 doi:10.5606/tgkdc.dergisi.2016.11633
- Adnan Sayar, Necati Çıtak, Songül Büyükkale, Muzaffer Metin, Abdulaziz Kök, Alper Çelikten & Atilla Gürses The incidence of hoarseness after mediastinoscopy and outcome of video-assisted versus conventional mediastinoscopy in lung cancer staging Acta Chirurgica Belgica 2016 DOI: 10.1080/00015458.2015.1136483

- Necati Cıtak, Adnan Sayar, Muzaffer Metin, Songül Büyükkale, Abdulaziz Kök, Okan Solak, Sibel Yurt, Atilla Gürses The Prognostic Significance of Metastasis to Lymph Nodes in Aortopulmonary Zone (Stations 5 and 6) in Completely Resected Left Upper Lobe Tumors Thorac Cardiovasc Surg 2015 DOI: 10.1055/s-0035-1546463
- Kemal Karapınar, Özkan Saydam, Songül Büyükkale, Muzaffer Metin, Zeki Günlüoğlu, Adalet Demir, Adnan Sayar, Atilla Gürses Long-term results of surgical treatment of pulmonary carcinoids Turk Gogus Kalp Dama 2015 doi: 10.5606/tgkdc.dergisi.2015.10179
- Muzaffer Metin, Necati Çıtak, Songül Büyükkale, Abdulaziz Kök, Alper Çelikten, Okan Solak, Adnan Sayar, Atilla Gürses Does the efficiency of mediastinoscopy for mediastinal staging of lung cancer increase in time? Turk Gogus Kalp Dama 2015 doi:10.5606/tgkdc.dergisi.2015.8903
- Necati Cıtak, Songul Buyukkale, Abdulaziz Kok, Alper Celikten, Muzaffer Metin, Adnan Sayar, Atilla Gurses Does Video-Assisted Mediastinoscopy Offer Lower False-Negative Rates for Subcarinal Lymph Nodes Compared with Standard Cervical Mediastinoscopy? Thoracic and Cardiovascular Surgeon 2014 doi: 10.1055/s-0033-1358656
- Alper Celikten, Adnan Sayar, Muzaffer Metin, Songul Buyukkale, Necati Cıtak, Atilla Gurses Anterior Muscle and Neurovascular-Sparing Thoracotomy and Posterolateral Thoracotomy: Postoperative Pain and Morbidity Assessment Thorac Cardiovasc Surg 2014 DOI: 10.1055/s-0034-1370364
- Merve Tarhan , Levent Dalar, Huseyin Yildirimoglu , Adnan Sayar, Sedat Altin The View Of Religious Officials On Organ Donation And Transplantation In Zeytinburnu District Of Istanbul. J Relig Healt 2014. doi: 10.1007/s10943-014-9851-1
- Sayar A, Çıtak N, Buyukkale S, Metin M, Yurt S, Gurses A. The impact of extended cervical mediastinoscopy in staging of left lung carcinoma. Thoracic Cancer 2013. doi: 10.1111/1759-7714. 12026.
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- Kiliçgun A, Tanriverdi O, Turna A, Metin M, Sayar A, Solak O, Urer N, Gurses A Prognostic stratification of patients with T3N1M0 non-small cell lung cancer: which phase should it be? Med Oncol 2012;29(2):607-13.
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Memberships

- Turkish Society of Thoracic Surgery
- Turkish Thoracic Society
- Turkish Respiratory Society
- European Society of Thoracic Surgery ESTS

- Turkish Society of Lung Cancer
- Galatasaraylılar Derneği (Galatasaray Association)
- Hayata Bağış derneği (Donate Life Association)

Awards

- 2014 Physician of the Year Award
 - European Society of Thoracic Surgeons (ESTS-FSTCVS) TRAVEL GRANT
19th European Conference on General Thoracic Surgery Marseille – France 2011
- “Sayar A, Cıtak N, Buyukkale S, Metin M, Kok A, Celikten A, Gurses A. “Hoarseness incidence after mediastinoscopy for lung cancer staging: Does Videoassisted mediastinoscopy provides lower rates of hoarseness compared with standard cervical mediastinoscopy?”

