

ASSOC. PROF. HAKAN KOÇOĞLU, MD

Internal Diseases

Interests

- Obesity Treatment
- Fatty Liver
- Thyroid Diseases
- Diagnosis and Treatment of Anemia
- Hypertension Diagnosis and Treatment
- Clinical Ultrasonography (POCUS)
- Insulin resistance & Hidden Sugar
- Diabetes Mellitus
- Cancer and Cancer Screenings
- Gastritis & Ulcer
- Hyperlipidemia (Cholesterol & Triglycerides)
- Vitamin & Mineral Supplements
- Allergy
- Irritable Bowel Syndrome (IBS), SIBO (Small Intestinal Bacterial Overgrowth)
- Digestive Disorders
- Kidney Failures
- Holistic Approach to Chronic Diseases
- Osteoporosis
- Healthy Life Suggestions

Education

- Istanbul University, Istanbul Faculty of Medicine (1999-2005)
- Şişli Hamidiye Etfal Training and Research Hospital, Internal Medicine Clinic (2005-2011)
- 2009, Research Fellow (Department of Rheumatology, Tsokos Lab) and Internal Medicine Preliminary Residency, Harvard Medical School, BIDMC, Boston, Massachusetts, USA

Experience

- 2023- Liv Hospital Vadistanbul Hospital, Internal Medicine Specialist
- 2021-2023, Memorial Service Hospital, Internal Medicine Specialist and Chief Physician
- 2015-2021, Bakırköy Dr. Sadi Konuk Training and Research Hospital, Internal Medicine Specialist and Internal Medicine Clinic Trainer
- 2011-2014, Babaeski State Hospital, Internal Medicine Specialist and Chief Physician (Compulsory Service)



Research

- Tarik ERCAN, (2018) (Specialization Thesis Advisor). Evaluation of Serum Salusin Alpha and Beta Levels in Diabetic Patients, Bakirkoy Dr. Sadi Konuk Education and Research, Dept. of Internal Medicine, Istanbul, Turkey
- Kamala GANJALIYEVA, (2016) (Specialization Thesis Advisor). Evaluation of the Epidemiological, Clinical and Laboratory Features of Chronic Myeloproliferative Diseases in a Large Turkish Patient Group and Determination of Their Relationship with Cardiovascular Risk Factors, Bakirkoy Dr. Sadi Konuk Education and Research, Dept. of Internal Medicine, Istanbul, Turkey
- Serkan Enki, (2017) (Specialization Thesis Advisor). Investigation of Malnutrition Prevalence, Physician's Awareness of Malnutrition, Concomitant Diseases and Outcomes in Internal Medicine In-patient Clinics, Bakirkoy Dr. Sadi Konuk Education and Research, Dept. of Internal Medicine, Istanbul, Turkey
- Buğrahan Erdoğan (2020) (Specialization Thesis Advisor). The Effect of Low Molecular Weight Heparin (LMWH) Treatment on Mortality in the Treatment of COVID-19, Bakirkoy Dr. Sadi Konuk Education and Research, Dept. of Internal Medicine, Istanbul, Turkey
- Sevede Yazıcı (2021) (Specialization Thesis Advisor). Prevalence of obesity, insulin resistance, thyroid dysfunction, hepatosteatosis, pituitary-adrenal axis alterations, and microvascular and macrovascular complications of diabetes in pre-diabetic patients, Bakirkoy Dr. Sadi Konuk Education and Research, Dept. of Internal Medicine, Istanbul, Turkey

Publications

- Gunaldi, Meral; Afsar, Cigdem Usul; Okuturlar, Yıldız; Gedikbasi, Asuman; Kocoglu, Hakan; Kural, Alev; Stream, Ore; Gunduz, Umut; Tiken, Elif Eda; ,Elevated serum levels of heat shock protein 70 are associated with breast cancer,The Tohoku Journal of Experimental Medicine,236,2,97-102,2015,Tohoku University Medical Press
- Harmankaya, Ozlem; Okuturlar, Yıldız; Kocoglu, Hakan; Kaptanoğulları, Hakan; Yucel, Sibel Kocak; Ozkan, Hanise; Acarer, Didem; Erdogan, Ezgi; Yilmaz, Murvet; Hursitoglu, Mehmet; ,Renal biopsy in the elderly: a single-center experience,International urology and nephrology,47,1397-1401,2015,Springer Netherlands
- Harmankaya, Ozlem; Akalin, Nilgul; Akay, Hatice; Okuturlar, Yıldız; Erturk, Kayhan; Kaptanoğulları, Hakan; Kocoglu, Hakan; ,Comparison of risk factors for cardiovascular disease in hemodialysis and peritoneal dialysis patients,Clinics,70,,601-605,2015,Faculdade de Medicina/USP
- Gunaldi, Meral; Isiksacan, Nilgun; Kocoglu, Hakan; They make you read, Yıldız; Gunaldi, Omur; Topcu, Turkan Ozturk; Karabulut, Mehmet; ,The value of serum survival level in early diagnosis of cancer,Journal of Cancer Research and Therapeutics,14,3,570-573,2018,Medknow
- Saler, Tayyibe; Yesim, Tijen; Ucak, Sema; Yenigun, Mustafa; Ataoglu, Esra; Kocoglu, Hakan; Altuntas, Yuksel; ,Impact of hyperglycaemia on carotid intima-media thickness in acromegaly,Endocrine Abstracts,16, 2008,Bioscientifica
- Saler, Tayyibe; Yesim, Tijen; Ucak, Sema; Yenigun, Mustafa; Ataoglu, Esra; Kocoglu, Hakan; Altuntas, Yuksel; ,Heel pad thickness in diabetic and nondiabetic acromegalic patients,Endocrine Abstracts,16, 2008,Bioscientifica
- Kocoglu, Hakan; Oguz, Basak; Dogan, Hakan; They make you read, Yıldız; Hursitoglu, Mehmet; Harmankaya, Ozlem; Altuntas, Yuksel; Kumbasar, Abdulkaki; ,Do NSAIDs and ASA cause more upper gastrointestinal bleeding in elderly than adults?,Gastroenterology Research and Practice,2016, 2016,Hindawi
- Dogan, Hakan; Harman, Ece; Kocoglu, Hakan; Sargin, Gokhan; ,Can metabolic control variables of diabetic patients predict their quality of life?,Journal of the American Society of Hypertension,10,1,81-88,2016,Elsevier
- Karaca, Mustafa; Tural, Deniz; Kocoglu, Hakan; Selcukbiricik, Fatih; Bilgetekin, Irem; Summary, Ahmet; ,Adjuvant chemotherapy for gastric cancer in elderly patients has same benefits as in younger patients,Journal of Cancer Research and Therapeutics,14,3,593-596,2018,Medknow

- Gunaldi, Meral; Kocoglu, Hakan; They make you read, Yıldız; Gedikbasi, Asuman; Karabulut, Mehmet; Alis, Halil; Hursitoglu, Mehmet; ,Heat shock protein 70 is a useful marker for predicting colorectal cancer,J BUON,20,6,1464-1470,2015,
- Serin, Sibel Ocak; They make you read, Yıldız; Gedikbasi, Asuman; Demir, Esra; Utku, Irem; Kocoglu, Hakan; Ucak, Sema; Harmankaya, Ozlem; ,Serum Matrix Metalloproteinase-9 Levels And Cardiovascular Risk Rates In Subjects With Metabolic Syndrome,Acta Medica,31,1271,2015,
- Kocoglu, Hakan; Velibeyoglu, Fatih Mehmet; Karaca, Mustafa; Tural, Deniz; ,Clinical efficacy and drug resistance of anti-epidermal growth factor receptor therapy in colorectal cancer,World Journal of Gastrointestinal Oncology,8,1,1,2016,Baishideng Publishing Group Inc
- Kocoglu, Hakan; Karaca, Mustafa; Tural, Deniz; Hocaoglu, Erhan; They make you read, Yıldız; Fetullahoglu, Zeynep; Gunaldi, Meral; Ciftci, Rumeysa; Danube, War; Yuce, Orhan Kemal; ,Hepatitis B and C rates are significantly increased in certain solid tumors: A large retrospective study,Journal of Cancer Research and Therapeutics,14,Suppl 3,S774-S778,2018,Medknow
- Topcu, T.Urkan Ozturk; Ozdemir, Feyyaz; Kavgaci, Halil; Gunaldi, Meral; Kocoglu, Hakan; Imamoglu, Goksen Inanc; Mentese, Ahmet; Yaman, Serap Ozer; Orem, Asim; Aydin, Fazil; ,The clinical importance of serum urokinase plasminogen activator receptor and carbonic anhydrase IX levels and the effect of anthracycline-based adjuvant chemotherapy on these biomarkers in breast cancer,Journal of Cancer Research and Therapeutics,14,3,608-613,2018,Medknow
- They make you read, Yıldız; Gunaldi, Meral; Kocoglu, Hakan; Hursitoglu, Mehmet; Gedikbasi, Asuman; Acarer, Didem; Harmankaya, Ozlem; Kumbasar, Abdulbaki; ,Serum paraoxonase and arylesterase can be useful markers to predict neoadjuvant chemotherapy requirement in patients with breast cancer,Journal of Cancer Research and Therapeutics,14,Suppl 2,S362-S367,2018,Medknow
- Topcu, Turkan Ozturk; Kavgaci, Halil; Gunaldi, Meral; Kocoglu, Hakan; Akyol, Murat; Mentese, Ahmet; Yaman, Serap Ozer; Orem, Asim; Ozdemir, Feyyaz; Aydin, Fazil; ,The clinical importance of serum galectin-3 levels in breast cancer patients with and without metastasis,Journal of Cancer Research and Therapeutics,14,Suppl 3,S583-S586,2018,Medknow
- They make you read, Yıldız; Akalin, Nilgul; Kaptanogullari, Ozlem Harmankaya; Guner, Nurten Turan; Yilmaz, Deniz; Gedikbasi, Asuman; Soyluk, Özlem; Mert, Meral; Serin, Sibel Ocak; Kocoglu, Hakan; ,Comparison of serum paraoxonase and arylesterase activities between iron deficiency anemia patients and chronic kidney disease patients with anemia,Renal failure,38,5,781-786,2016,Taylor & Francis
- Kocoglu, H; Tural, D; ,“About the article:” Cutaneous melanoma in Turkey: analysis of 1157 patients in the Melanoma Turkish Study” by Abali et al.”,Journal of BU ON: Official Journal of the Balkan Union of Oncology,21,1,285- 286,2016,
- Kocoglu, H; Tural, D; ,About the article “Hepatic steatosis is associated with higher incidence of liver metastasis in patients with metastatic breast cancer
- Kocoglu, Hakan; Dogan, Hakan; Oguz, Basak; Serin, Sibel Ocak; They make you read, Yıldız; Gunaldi, Meral; Erisimis, Betul; Ozdemir, Bahar; Tural, Deniz; Hursitoglu, Mehmet; ,“Comparison of Survival Rates, Tumor Stages and Localizations in Between Obese and Non-Obese Patients with Gastric Cancer”,Gastroenterology Research and Practice,Article ID 9382750,doi:10.1155/2016/9382750,2016,
- Gündüz, Umut Riza; Gunaldi, Meral; Isiksacan, Nilgun; Gündüz, Seyda; They make you read, Yıldız; Kocoglu, Hakan; ,“A new marker for breast cancer diagnosis, human epididymis protein 4: A preliminary study”,Molecular and clinical oncology,5,2,355-360,2016,Spandidos Publications
- Danube, War; Mert, Meral; Soyluk, Özlem; They make you read, Yıldız; Kocoglu, Hakan; Tastekin, Didem; ,The relationship of beck depression inventory with vitamin D levels and visceral fat mass in cancer patients,International Journal of Clinical and Experimental Medicine,9,5,8719-8724,2016,

- Serin, Sibel Ocak; Kocoglu, Hakan; They make you read, Yıldız; Dogan, Hakan; Gedikbasi, Asuman; Utku, Irem Kirac; Demir, Esra; Yesil, Ezgi Ersoy; Koc, Guven; Eyupgiller, Tulay; ,Comparison of serum thyroid stimulating hormone and anti-thyroid peroxidase antibody levels in euthyroid subjects with and without metabolic syndrome,Endocrine Abstracts,41,2016,Bioscientifica
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- Ozkan, Hanise; They make you read, Yıldız; Kocoglu, Hakan; Utku, Irem Kirac; Demir, Esra; Harmankaya, Ozlem; Palaz, Mehmet; Oztosun, Bugra; Mert, Meral; Kudu, Aysegul; ,Evaluation of thyroid function tests in patients with acute kidney injury,Endocrine Abstracts,41,2016,Bioscientifica
- Sayilan, Samet; Mert, Meral; Sayylan, Aylin Aydin; Ozturk, Ebru; They make you read, Yıldız; Kocoglu, Hakan; ,The relationship between androgen levels and NLR in hirsutism,Endocrine Abstracts,41,2016,Bioscientifica
- Genc, Tugrul Burak; They make you read, Yıldız; Kocoglu, Hakan; Sayilan, Samet; Inan, Yesim Ozdem; Erdogan, Ezgi; Mert, Meral; Erismis, Betül; Ozdemir, Bahar; Harmankaya, Ozlem; ,A rare case of acute renal failure: rhabdomyolysis due to hyperosmolar hyperglycemic state,Endocrine Abstracts,41,2016,Bioscientifica
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- Koçoğlu, Hakan; YILDIRIM, Betül; They make you read, Yıldız; Hurşitoğlu, Mehmet; Harmankaya, Özlem; ,Purple urine bag syndrome in a male patient with chronic hemodialysis,Balkan medical journal,33,6,717-718,2016,Trakya University
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- Tural, Deniz; Karaca, Mustafa; Hacıoglu, Bekir; Bilgetekin, Irem; Bilgin, Burak; Kocoglu, Hakan; Ozet, Gulsum; Erdogan, Bulent; Sendur, Mehmet Ali Nahi; Aytekin, Aydin; ,Receptor discordance after neoadjuvant chemotherapy and its impact on disease-free survival,,,,,2016,American Society of Clinical Oncology
- Tural, Deniz; Karaca, Mustafa; Kocoglu, Hakan; summary, Gulsum; Yücel, Orhan Kemal; Ciftci, Rumeysa; Benekli, Mustafa; Ozet, Ahmet; ,Hepatitis B and C positivity rates in solid tumors and reactivation rates due to cytotoxic chemotherapy,2016,American Society of Clinical Oncology
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- Hursitoglu, Mehmet; Ali, EKİZ; Fatih, METE; THEY READ, Yıldız; Kocoglu, Hakan; DUMANLI, Guleren; CAKIRCA, Mustafa; Anataca, Gulden; Oguzhan, KURU; Dogan, Serkan; ,Plasma Urotensin II concentration in gestational diabetes,Archives of Clinical and Experimental Medicine,2,3,66-70,2017,Mustafa HASBAHÇECİ
- Erised, B; Ozdemir, B; Kocoglu, H; Okuturlar, Y; Kaya, H; ,Management of hypertriglyceridemia in uncontrolled type 2 diabetes mellitus patients: 2 case studies,J Diabetes Metab Disord Control,3,4,71-72,2016,
- Hursitoglu, Mehmet; Kocoglu, Hakan; Demir, Kezban; They make you read, Yıldız; Hursitoglu, Mehmet; ,Medicine Correspondence Blog, Letter to the Editor: Using of decision aids and algorithms in reporting adverse drug reactions, Medicine, Wednesday, December 9, 2015
- Abunahlah, Nibal; Abimbola, Aisha; They make you read, Yıldız; Breen, Meltem; Koçoğlu, Hakan; ,Analysis of the use of heparin and the related incidence of heparin-induced thrombocytopenia in a Turkish Hospital,2018,Springer
- Gunaldi, Meral; Kose, Fatih; Blacksmith, Nebi Serkan; Gunduz, Seyda; Ozdemir, Nuriye; Kocoglu, Hakan; They make you read, Yıldız; Sedef, Ali Murat; Erdem, Dilek; Goksu, Sema Sezgin; ,Adding taxane to platinum-5-fluorouracil combination does not improve survival rate in patients≥ 65 years of age with advanced gastric cancer: A retrospective-multicenter study,Journal Of Buon,23,2,416-421,2018,"IMPRIMATUR PUBLICATIONS 30 DEM POLIORKETES ST, ATHENS, 136 76, GREECE"
- They make you read, Yıldız; Kocoglu, Hakan; Serin, Sibel Ocak; Ercan, Tarik; Hursitoglu, Mehmet; Mert, Meral; Ozdemir, Bahar; Erismis, Betul; Gedikbasi, Asuman; Harmankaya, Ozlem; ,TWEAK levels in patients with prediabetes and diabetes mellitus,Endocrine Abstracts,56,2018,Bioscientifica
- Karakaya, Pinar; Özdemir, Bahar; Meral, MERT; Koçoğlu, Hakan; Kumbasar, Abdulkaki; ,The relationship between atrial natriuretic peptide and microvascular complications of diabetes,The European Research Journal,5,1,14-19,2018,
- Hursitoglu, Mehmet; Erdal, Gulcin Sahingoz; Akdeniz, Esra; Kocoglu, Hakan; Kocamaz, Nursel; Tevetoglu, Isil Ozbaz; Yucel, Haluk; Harmankaya, Ozlem; Guven, Aytekin; Akarsu, Murat; ,Early effect of the fear of terrorism on a hospital's emergency department use and on the incidence of cardiovascular events: A Turkish multicenter study,The International Journal of Health Planning and Management,34,2,872-879,2019,
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- Abunahlah, Nibal; Abimbola, Aisha; They make you read, Yıldız; ,Use of Heparin and The Related Incidence of Heparin-Induced Thrombocytopenia in an Education and Research Hospital in Turkey,Journal of Clinical and Experimental Investigations,8,3,71-75,2017,Health Research Association
- Ozkan, Hanise; They make you read, Yıldız; Koçoğlu, Hakan; Hursitoglu, Mehmet; Gedikbasi, Asuman; Utku, İrem K; They make you read, Ozgur; Dogan, Halil; Serin, Sibel O; Harmankaya, Ozlem; ,Serum Levels and Urinary Excretion of Tenascin-C and TIMP-1 in Acute Kidney Injury.,Clinical Laboratory,65,10,,2019,
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- Ozdemir, B; Erised, B; Kocoglu, H; ,Is diabetes mellitus complicated by ketoacidosis in the elderly always latent autoimmune diabetes of the adult,J Diabetes Metab Disord Control,3,4,74-75,2016,
- Ozdemir, Bahar; Karakaya, Pinar; Yaprak, Bulent; Kocoglu, Hakan; ,Frequency and independent risk factors of sarcopenia in type 2 diabetes,Journal of Clinical Medicine of Kazakhstan,3,53,16-20,2019,JSC National Scientific Medical Center
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- Karandere, Faruk; Hursitoglu, Mehmet; Bilgin, Ecenur; Karaali, Zeynep; Erismis, Betül; Kocoglu, Hakan; Unlu, Esra Canbolat; Fearless, Ramadan; Issever, Halim; Yaşar, Kadriye Kart; ,“Comparison of oral anticoagulant users with non-users admission laboratory parameters, length of hospital stay and outcomes in COVID-19 infection”, Authorea. Preprint, June 05, 2021.
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- Presentations and Papers Made at National and International Congresses:
- ÖZKAN HANİŞE, OKUTURLAR YILDIZ, HARMANKAYA ÖZLEM, KOÇOĞLU HAKAN, HURŞİTOĞLU MEHMET, AKALIN NİLGÜL, GEDİKBAŞI ASUMAN, KUMBASAR ABDULBAKİ (2015). Serum Levels And Urinary Excretion Of Tenascin-C And TIMP-1 In Acute Kidney Injury. The 3rd Congress Of Mediterranean Kidney Society (Oral large),
- SALER TAYYİBE, YEŞİM TİJEN, UÇAK SEMA, YENİGÜN MUSTAFA, ATAĞLU ESRA, KOÇOĞLU HAKAN, ALTUNTAŞ YÜKSEL (2008). Impact Of Hyperglycaemia On Carotid Intima-Media Thickness In Acromegaly. 10th European Congress of Endocrinology, 16 (Summary paper);

- YILDIRIM BETÜL, KOÇOĞLU HAKAN, OKUTURLAR YILDIZ, HURŞİTOĞLU MEHMET, HARMANKAYA ÖZLEM, KUMBASAR ABDULBAKİ (2015). Purple Urine Bag Syndrome: A Case Report. 14th European Congress Of Internal Medicine (Summary paper),
- ÖZTÜRK EBRU, KOÇOĞLU HAKAN, OKUTURLAR YILDIZ, HURŞİTOĞLU MEHMET, DİRİMEN GAMZE, HARMANKAYA ÖZLEM, KUMBASAR ABDULBAKİ (2015). The Association Between Insulin Resistance And Magnesium Among Obese And Non-Obese Hypertensive Cases. 14th European Congress Of Internal Medicine (Summary paper),
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- GÜNALDI MERAL, LIGHTING NİLGÜN, OKUURLAR YILDIZ, KOÇOĞLU HAKAN, ÖMÜR GÜNALDI (2015). Clinical significance of serum survivin in cancer patients. 4th European Congress of Immunology (Summary paper),
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- Turkish Internal Medicine Specialization Association
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