

Spec. Yeliz Zihli Kızak, MD

Liv Hospital Ulus Internal Diseases

Areas of Interest

- Diabetes and Insulin Resistance
- Cholesterol
- Hypertension
- Thyroid Diseases
- Anemia
- Vitamin and Mineral Deficiencies (Iron, B12, Vitamin D, etc.)
- Fatty Liver
- Obesity
- Respiratory Tract Infections
- Stomach and Intestinal System Diseases
- Osteoporosis
- Cancer Screenings
- Healthy Lifestyle Recommendations and Preventive Medicine
- Check-Up

Education

- Istanbul University, Istanbul Faculty of Medicine (1995-2001)
- Haseki Training and Research Hospital, Internal Medicine Clinic (2002-2007)

Experience

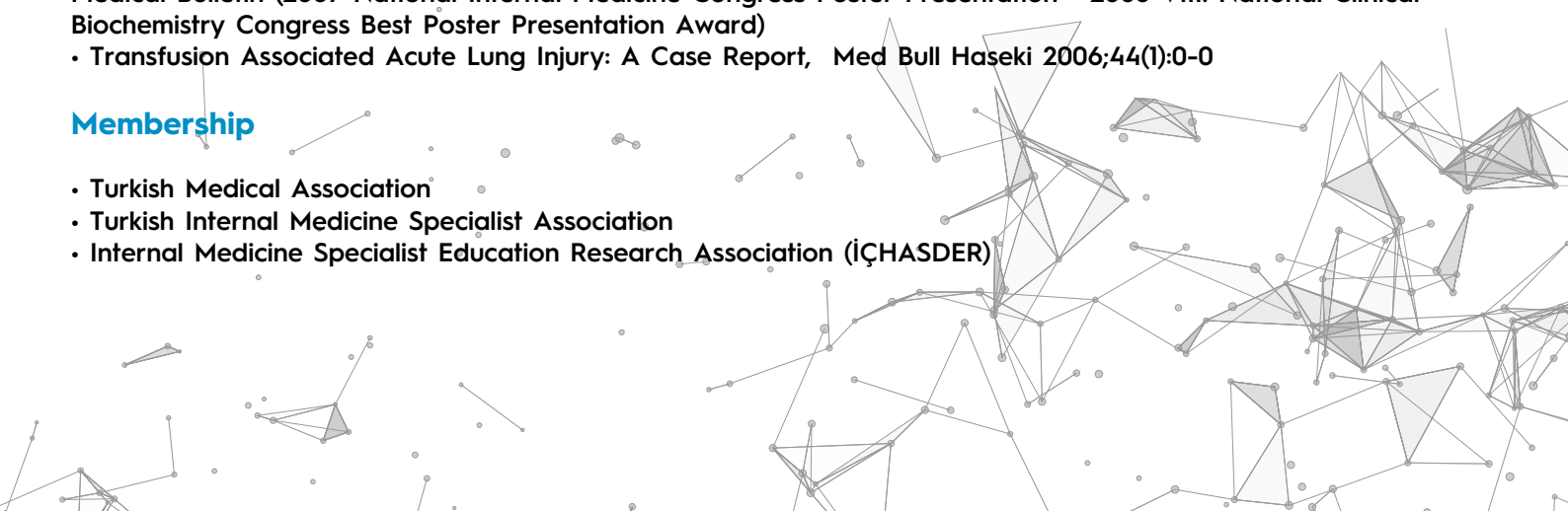
- 2025-(Current): Liv Ulus Hospital
- 2022-2025: Şişli Memorial Hospital
- 2008-2020: Yedikule Surp Pırgıç Armenian Hospital
- 2007-2008: Muş Bulanık State Hospital
- 2002-2007: Haseki Education and Research Hospital

Publications

- The Relation of Diabetes with Serum Potassium Concentrations in Acute Coronary Syndrome, Med Bull Haseki 2007;45(3):156-161
- The Role of Brain Natriuretic Peptide as a Reperfusion Criterion in Acute Myocardial Infarction Haseki Medical Bulletin (2007 National Internal Medicine Congress Poster Presentation - 2008 VIII. National Clinical Biochemistry Congress Best Poster Presentation Award)
- Transfusion Associated Acute Lung Injury: A Case Report, Med Bull Haseki 2006;44(1):0-0

Membership

- Turkish Medical Association
- Turkish Internal Medicine Specialist Association
- Internal Medicine Specialist Education Research Association (İÇHASDER)



Courses

- Participation in Various National Internal Medicine, Diabetes, Cardiology, Obesity Congresses
- Metabolic Syndrome Symposium 2006
- 2017 Metabolic Balance Training
- Functional Medicine Applications Certificate Program - ÇOMÜ 2021

